

2021-2026

Statewide Comprehensive Diabetes Prevention and Management Plan for South Carolina



In It
Together
*Preventing diabetes
with confidence*

Diabetes Action Council of South Carolina
For information about this plan contact:
Southcarolinadac@gmail.com



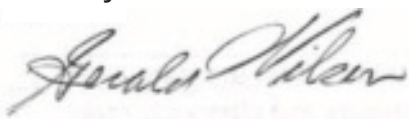
Dear Colleagues,

The 2021-2026 Statewide Comprehensive Diabetes Prevention and Management Plan for South Carolina outlines our strategies to improve health outcomes for individuals in the state who are at risk for and suffer from type 2 diabetes. Over the course of the next five years DAC will work to:

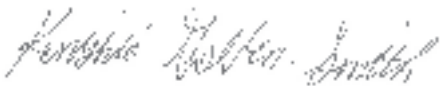
- Increase the number of health care providers routinely screening, testing and referring individuals to type 2 diabetes prevention and/or management programs in South Carolina.
- Increase the number of opportunities for individuals with prediabetes and diabetes to participate in evidence-based lifestyle change programs.
- Increase the visibility of the Diabetes Action Council (DAC) among all South Carolinians.

We are launching this new 5-year plan with actionable strategies that will be carried out by the dedicated members of the Diabetes Action Council of South Carolina who have taken to heart our new motto: In It Together!

Sincerely,



Gerald Wilson, MD
Chair
Diabetes Action Council of South Carolina



Kenishia Golden-Smith, DHA, MS, BSW
Statewide Coordinator
Diabetes Action Council of South Carolina

Mission

Identify, develop, support, and synergize efforts to diagnosis, prevent, delay, and treat type II diabetes in South Carolina.

Vision

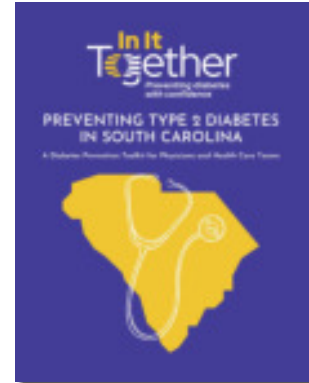
A South Carolina without diabetes.

Organization

In an effort to align and build on the strength of our partners the Diabetes Action Council of South Carolina is organized by Pillars. Each of the four pillars represents a focus area that supports the mission of DAC.

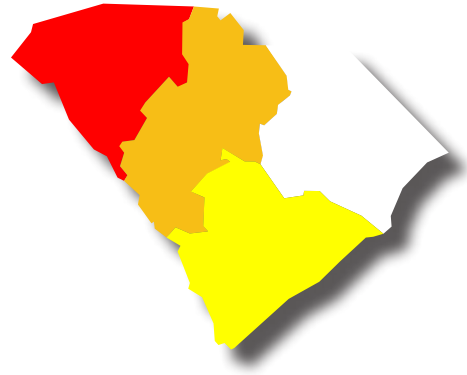
Pillar I Provider Engagement

Focuses on increasing the number of physicians and other healthcare providers that routinely screen individuals at risk for prediabetes, and test and refer those with a diagnosis of prediabetes to a National Diabetes Prevention Program, those with diabetes to a Diabetes Self-Management Education and Support Program, or other evidenced-based lifestyle change program.



Pillar II Availability

The availability of evidence-based lifestyle prevention programs and self-management programs are paramount to delaying, preventing or managing type 2 diabetes. Pillar II examines the availability and accessibility of National Diabetes Prevention Programs and DACs branded In It Together Diabetes Prevention Programs, and Diabetes Self-Management Education and Support Programs across the state, with a focus on disparate areas.



Pillar III Participant Engagement

Pillar III focuses on increasing the awareness of prediabetes and diabetes with an emphasis on areas in the state that have high rates of diabetes and limited access to no or low cost, high-quality lifestyle change programs.



Pillar IV Coverage

Diabetes is a debilitating workforce issue, impacting productivity, health care costs and the quality of life of employees. Pillar IV works to inform both insurers and employers about the benefits of offering and supporting lifestyle change programs.



The Plan

The strategies in the 2021-2026 Statewide Comprehensive Diabetes Prevention and Management Plan lay the foundation for the actions that will take place over the next five years to prevent, delay or manage type 2 diabetes in South Carolina. The Diabetes Action Council will use data-driven, evidence-based approaches to improve the lives of individuals at risk for and with prediabetes and type 2 diabetes.

Did You Know

- More than one in three adults have prediabetes.⁶
- Diabetes was the 7th leading cause of death in South Carolina.¹
- More than 540,000 adults in South Carolina are estimated to have been diagnosed with diabetes.²
- For every 10 adults diagnosed with diabetes, only 5 have taken a class to manage their diabetes.²

Strategy 1

Increase the number of healthcare providers that routinely screen, test, and refer individuals diagnosed with prediabetes and diabetes to evidence-based lifestyle intervention and/or management programs, or other lifestyle change programs.

Strategy 2

Increase the availability and accessibility of culturally competent, diabetes prevention and management programs.

Strategy 3

Increase enrollment of individuals diagnosed with prediabetes and encounters of individuals diagnosed with type 2 diabetes in evidence-based lifestyle intervention and/or management programs, or other lifestyle change programs.

Strategy 4

Educate and communicate with DAC's key audiences as defined by the pillars to provide evidence-based, innovative resources about diabetes prevention and management programs.

Strategy 5

Present employers and insurers with options to cover and participate in evidence-based diabetes prevention and management programs.

Evaluation

Evaluation is a critical factor for determining the effectiveness and demonstrating accountability for all stakeholders participating on the DAC. Stakeholders have come together to support the common vision of a South Carolina without Diabetes.

DAC's Executive Committee, representing a cross-section of stakeholders will meet regularly to oversee the progress of the strategic plan. The Pillars will develop action plans for addressing each of the five strategies, to include specific activities, tasks, responsibilities, and performance expectations, annually over the next five years.

DAC will publish annual updates on the plan's progress.





Diabetes Action Council of South Carolina Executive Committee

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South Carolina Medical Association

Kenishia Golden-Smith, DHA, MS, BSW

Statewide Infrastructure Coordinator
Wholespire

Marcey Westerbeck, LPN

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Pillar 1, Chair

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Medical University of SC
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Pillar 2, Co-Chair

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SC Office of Rural Health
Pillar 3, Chair

Belinda Butler, BBA

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La'Shanda Wood, BS

SC Department of Health and Environmental Control



Diabetes Action Council of South Carolina Stakeholder Organizations

Absolute Total Care
Access Health Horry County
Balm of Gilead/Southeast Diabetes Faith Initiative
Blue Cross Blue Shield of South Carolina
CareSouth Carolina
Carolina Diabetes and Kidney Center
Clemson University
Community Health Worker Institute
Ehrhardt Pharmacy
Foundation for Community Impact and Healthy Equity
Fuller Management Services
Health Care Partners of South Carolina
Healthy Plate Cooking
HopeHealth Diabetes Center
Lexington Regional Medical Center
Medical University of South Carolina
Merck
Novo Nordisk
Physicians EHR, Inc.
Prisma Health
South Carolina Department of Health and Environmental Control
South Carolina Department of Health and Human Services
South Carolina Hospital Association
South Carolina Medical Association
South Carolina Nurses Association
South Carolina Office of Rural Health
Select Healthcare
Self-Regional Healthcare
Spartanburg Regional Health Services
The Carolinas Center for Medical Excellence
USC Family Medicine
UST Logistical Systems
Unite US
Wellcare
Wholespire
YMCA Columbia
YMCA Summerville
YMCA Upper Palmetto
Yorkville Pharmacy





<https://inittogethersc.org/>